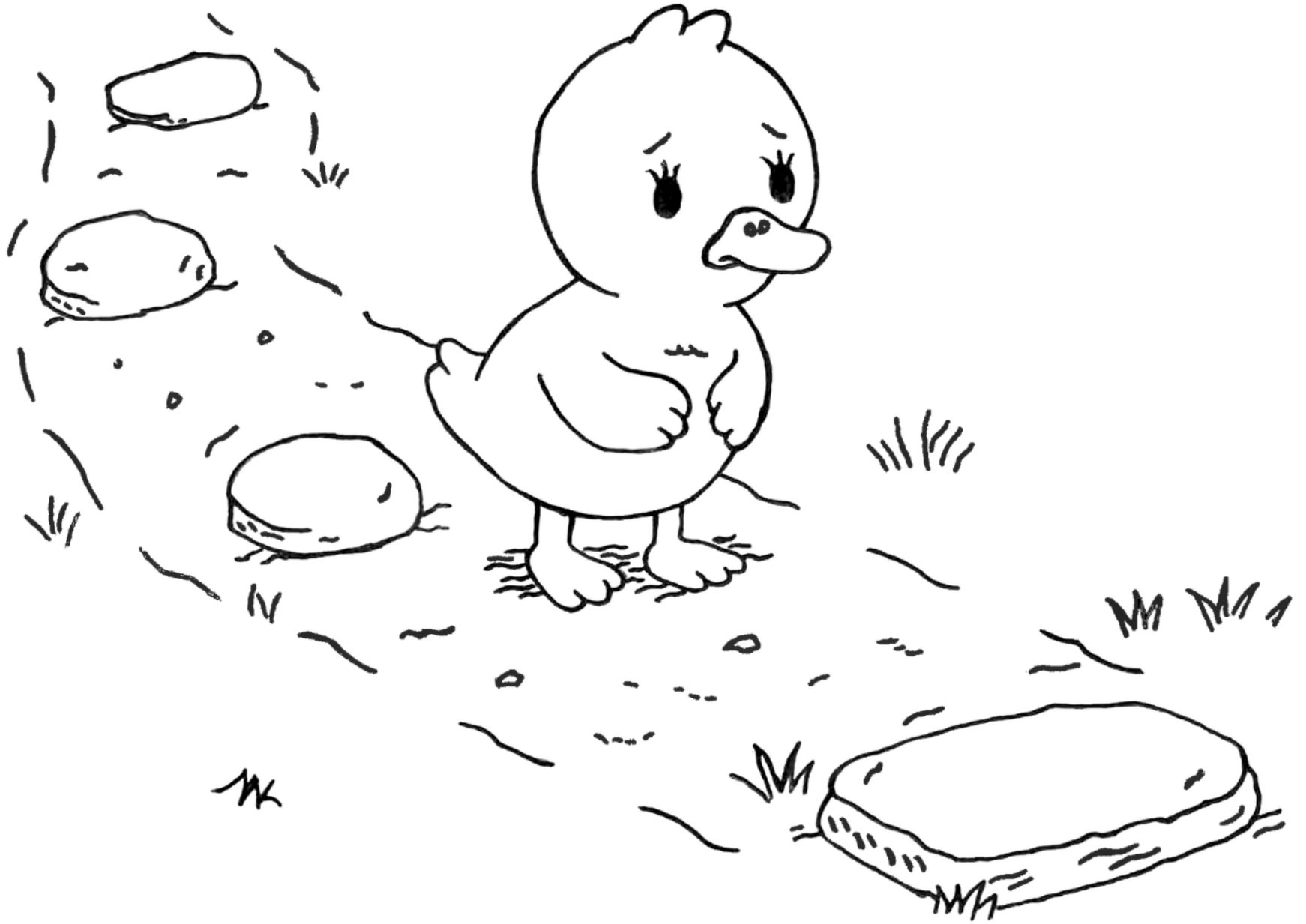


Knowing isn't the hard part



Using it in the moment is